



KHS - LUNCH MENU SUMMER TERM W/C 8 JULY 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---------------------------|--|-------------------------------------|----------|--------|
| OPTION 1 | Chicken tagine | Asparagus & parmesan tart | Fish goujons & tartare sauce | | |
| Allergens | SD,C | G,M,E,GFA | F,G,SD,E,GFA | | |
| OPTION 2 | Pasta arrabiata | Pork meatballs with tomato sauce | Pork hotdog with caramelised onions | | |
| Allergens | SD,C,G,M,GFA,DFA,VEA | SD,C,M,DFA | SD,G,GFA | | |
| OPTION 3 | Moroccan vegetable koftas | Quorn balls with tomato sauce | Vegetarian hotdog with spicy salsa | | |
| Allergens | SD,C | SD,C,G,M,E,VEA | G,E,SD,M,GFA,DFA | | |
| ACCOMPANIMENTS | Vermicelli rice, peas | Pasta, garlic bread, seasonal vegetables | Chips, baked beans | | |
| Allergens | SD,C | SD,M,G,GFA,DFA | FREE | | |
| DESSERT | COOKIES | Apple crumble with custard | Selection of cakes | | |
| Allergens | G,M,E,S,GFA,DFA,VEA | G,M,GFA,DFA,VEA | G,M,E,S,SD,DFA,GFA,VEA | | |

Most days we also offer a baguette selection, jacket potato, salad bar, fresh fruit, yoghurt and vegetarian jelly.

Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food have been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.

Allergens: C = Celery, G = Cereals with gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, P = Peanuts, SS = Sesame Seeds, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available, VEA = Vegan Option Available