

## KHS - DAY MENU SUMMER TERM W/C 29 APRIL 2024

|                | Monday                                     | Tuesday   | Wednesday                                 | Thursday   | Friday  |
|----------------|--|---|---|--|---|
| OPTION 1       | Teriyaki chicken                           | Italian beef pasta bake                         | Pasta with tomato & basil sauce           | Warwickshire sausages,<br>onion gravy & Yorkshire<br>pudding | Fish goujons & tartare sauce                          |
| Allergens      | SD,C,G,S,GFA                               | SD,C,G,M,GFA,DFA                                | SD,C,G,M,GFA,DFA,VEA                      | SD,G,M,E,GFA,DFA   | F,G,SD,E,GFA  |
| OPTION 2       | Pasta arrabiata                            | Mexican ranchero-<br>style eggs with flat bread | Chicken & leek pie                        | Spaghetti with roasted tomato & oregano sauce                | Churrasco chicken<br>burger with all the<br>trimmings |
| Allergens      | SD,C,G,M,GFA,DFA,VEA                       | SD,C,E,M,G,GFA,DFA,<br>VEA                      | SD,C,G,M,E,GFA,DFA                        | SD,C,G,M,GFA,DFA,VEA   | SD,G,M,E,S,GFA,DFA                                    |
| OPTION 3       | Vegetable massaman<br>curry                | Broccoli & spinach<br>pasta bake                | Goat cheese & onion tart                  | Roasted salmon with salsa verde                              | Oaxacan-style baked<br>sweet potato                   |
| Allergens      | SD,C,S                                     | SD,M,MT,G                                       | G,M,E,GFA                                 | F,SD,G,GFA   | SD,C,M,DFA,VEA  |
| ACCOMPANIMENTS | Coriander rice,<br>sweetcorn, naan bread   | Garlic bread, mixed<br>vegetables               | Parsley new potatoes, peas                | Roast potatoes, green<br>beans                               | Chips, baked beans                                    |
| Allergens      | SD,C,G,M,GFA,DFA                           | SD,G,GFA  | G,SD,GFA                                  | SD   | FREE  |
| DESSERT        | Apple & blackberry<br>crumble with custard | Mixed berries & Oreo<br>cheesecake              | Strawberry & vanilla cake<br>with custard | Chocolate crispy   | Selection of cakes                                    |
| Allergens      | G,M,GFA,DFA,VEA                            | G,M,S,GFA,DFA,VEA                               | G,M,E,GFA,DFA,VEA                         | G,M,S,GFA,DFA,VEA  | G,M,E,S,SD,DFA,GFA,<br>VEA                            |

Most days we also offer a baguette selection, jacket potato, salad bar, fresh fruit, yoghurt and vegetarian jelly.

Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food have been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.

Allergens: C = Celery, G = Cereals with gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, P = Peanuts, SS = Sesame Seeds, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available, VEA = Vegan Option Available